

# Westosha SENIOR COMMUNITY CENTER

*Living longer, stronger, healthier lives*

19200 93<sup>rd</sup> Street [Hwy C]

Bristol, WI 5310

westoshaseniorcenter.com

(262) 891-3436

Open - Monday-Friday

9 a.m. – 4 p.m.



## October



## Birthdays

7<sup>th</sup> – George Nukkala

8<sup>th</sup> – Allen Tesch

9<sup>th</sup> – Laryssa LeFebve

10<sup>th</sup> – Debbie Gilliam

13<sup>th</sup> – Patrick Hull

16<sup>th</sup> – Marilyn McNabb

17<sup>th</sup> – Helen Briggs

17<sup>th</sup> – Stella Carlson

17<sup>th</sup> – Richard Pink Jr.

18<sup>th</sup> – Al Walker

19<sup>th</sup> – Betty Vanderwerff

20<sup>th</sup> – Sharon Young


30<sup>th</sup> – Lloyd Nelson

31<sup>st</sup> – Mary Wells

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sunday
<p><b>1</b></p> <p>Weight Loss Buddies – 9am AR</p> <p>Chair Fitness – 10am FR</p> <p>Bingo – 1pm GR</p> <p>Oil Painting – 1pm AR</p> <p><i>*Pool table * Cards * Board Games *Computers*</i></p>	<p><b>2</b></p> <p>Crafter's Corner – 9am AR</p> <p>Tai Chi – 2pm GR</p> <p><i>*Pool table * Cards * Board Games * Computers*</i></p>	<p><b>3</b></p> <p>Ceramics – 9am AR</p> <p>Bread/Bakery – 11am GR</p> <p>Bingo – 1pm GR</p> <p><i>*Pool table * Cards * Board Games * Computers*</i></p>	<p><b>4</b></p> <p>Bread/Bakery-10am GR</p> <p>Chair Yoga – 10am FR</p> <p><i>*Pool table * Cards * Board Games * Computers*</i></p>	<p><b>5</b></p> <p>Line Dancing – 10am GR</p> <p>Tai Chi/Beginners – 2pm GR</p> <p><i>*Pool table * Cards * Board Games * Computers*</i></p>	<p><b>6/Sat</b></p> <p>Lions Club Spaghetti Dinner &amp; WSSC Crafts Sale 3pm-7pm</p> <p><b>7/Sun</b></p> <p>Farmers &amp; Artisan Market 10am – 2pm</p>
<p><b>8</b></p> <p>Weight Loss Buddies – 9am AR</p> <p>Chair Fitness – 10am FR</p> <p>Bingo – 1pm GR</p> <p>Oil Painting – 1pm AR</p> <p><i>*Pool table * Cards * Board Games * Computers*</i></p>	<p><b>9</b></p> <p>Crafter's Corner – 9am AR</p> <p>Tai Chi – 2pm GR</p> <p><i>*Pool table * Cards * Board Games * Computers*</i></p>	<p><b>10</b></p> <p>Ceramics – 9am AR</p> <p>Bread/Bakery – 11am GR</p> <p>Bingo – 1pm GR</p> <p><i>*Pool table * Cards * Board Games * Computers*</i></p>	<p><b>11</b></p> <p>Bread/Bakery-10am GR</p> <p>Chair Yoga – 10am FR</p> <p><b>Blood Pressure check with Aurora RN – 10:30am-noon-GR</b></p> <p><b>Group Trivia – 1pm GR</b></p> <p><i>*Pool table * Cards * Board Games * Computers*</i></p>	<p><b>12</b></p> <p>Line Dancing – 10am GR</p> <p>Tai Chi/Beginners – 2pm GR</p> <p><i>*Pool table * Cards * Board Games * Computers*</i></p>	<p><b>13/Sat</b></p> <p><b>14/Sun</b></p> <p>Farmers &amp; Artisan Market 10am – 2pm</p>

**Activity Rooms: GR – Great Room (west); FR – Fitness Room (northeast); AR – Activities Room (southeast)**

**AVAILABLE DAILY Open Time/Open Space:** Fitness Center, Pool Table, Darts, Cards, Board Games, Center Library, Computers

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sunday
<p><b>15</b>  Weight Loss Buddies –  9am AR  Chair Fitness – 10am FR  Bingo – 1pm GR  Oil Painting – 1pm AR</p> <p>*Pool table * Cards *  Board Games  *Computers*</p>	<p><b>16</b>  Crafter's Corner –  9am AR  Tai Chi – 2pm GR</p> <p>*Pool table * Cards *  Board Games *  Computers*</p>	<p><b>17</b>  Ceramics – 9am AR  Bread/Bakery – 11am GR  Bingo – 1pm GR</p> <p>*Pool table * Cards *  Board Games *  Computers*</p>	<p><b>18</b>  Bread/Bakery-10am GR  Chair Yoga – 10am FR</p> <p>*Pool table * Cards *  Board Games *  Computers*</p>	<p><b>19</b>  Line Dancing – 10am GR  Tai Chi/Beginners –  2pm GR</p> <p>*Pool table * Cards *  Board Games *  Computers*</p>	<p><b>20/Sat</b>  Life Line Screening  5 screenings \$139  Call 1-866-229-0469  for an appointment</p> <p><b>21/Sun</b>  Farmers &amp; Artisan  Market  10am – 2pm</p>
<p><b>22</b>  Weight Loss Buddies –  9am AR  Chair Fitness – 10am FR  Bingo – 1pm GR  Oil Painting – 1pm AR</p> <p>*Pool table * Cards *  Board Games  *Computers*</p>	<p><b>23</b>  Crafter's Corner –  9am AR  Tai Chi – 2pm GR</p> <p>*Pool table * Cards *  Board Games *  Computers*</p>	<p><b>24</b>  Ceramics – 9am AR  Bread/Bakery – 11am GR  Bingo – 1pm GR</p> <p>*Pool table * Cards *  Board Games *  Computers*</p>	<p><b>25</b>  Bread/Bakery-10am GR  Chair Yoga – 10am FR  <b>Medicare Benefits  Specialist -Joseph  Hamlett-11am-12:30pm</b></p> <p>*Pool table * Cards *  Board Games *  Computers*</p>	<p><b>26</b>  Line Dancing – 10am GR  Tai Chi/Beginners –  2pm GR</p> <p>*Pool table * Cards *  Board Games *  Computers*</p>	<p><b>27/Sat</b></p> <p><b>28/Sun</b>  Farmers &amp; Artisan  Market  10am – 2pm</p>
<p><b>29</b>  Weight Loss Buddies –  9am AR  Chair Fitness – 10am FR  Bingo – 1pm GR  Oil Painting – 1pm AR</p> <p>*Pool table * Cards *  Board Games  *Computers*</p>	<p><b>30</b>  <b>My Life Papers @  ADRC-11am *See note</b>  Crafter's Corner –  9am AR  Tai Chi – 2pm GR</p> <p>*Pool table * Cards *  Board Games *  Computers*</p>	<p><b>31</b>  Ceramics – 9am AR  Bread/Bakery – 11am GR  Bingo – 1pm GR</p> <p>*Pool table * Cards *  Board Games *  Computers*</p>			

**\*My Life Papers is a volunteer opportunity at the ADRC to help with labeling of a monthly mailer. WSCC gets paid for this work. ADRC is located at 8600 Sheridan Rd. - Suite 500 in Kenosha.**